

UPLIFTED

**"Tech Teens:  
Using Digital  
Media  
to Minister  
to Teens**

REV. DR. CRISTAL BELL



# Things To Discuss

## Key takeaways:

- Build Relationships
- Interactive & Invitational Atmosphere
- Engagement Approach
- Empowered vs Involved
- Digital Resources



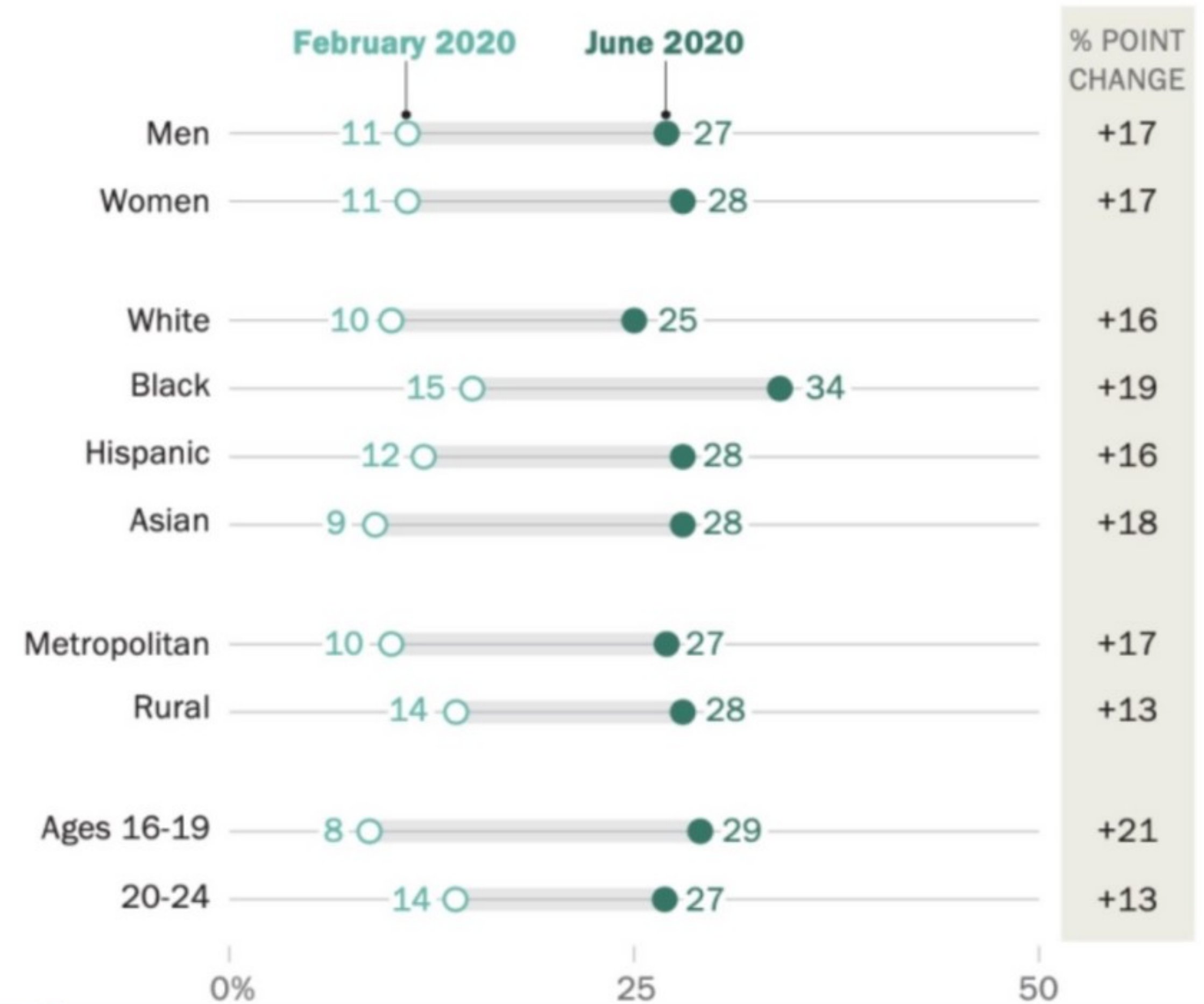
# Build Relationships

Learn their interests.  
Incorporate their narratives.



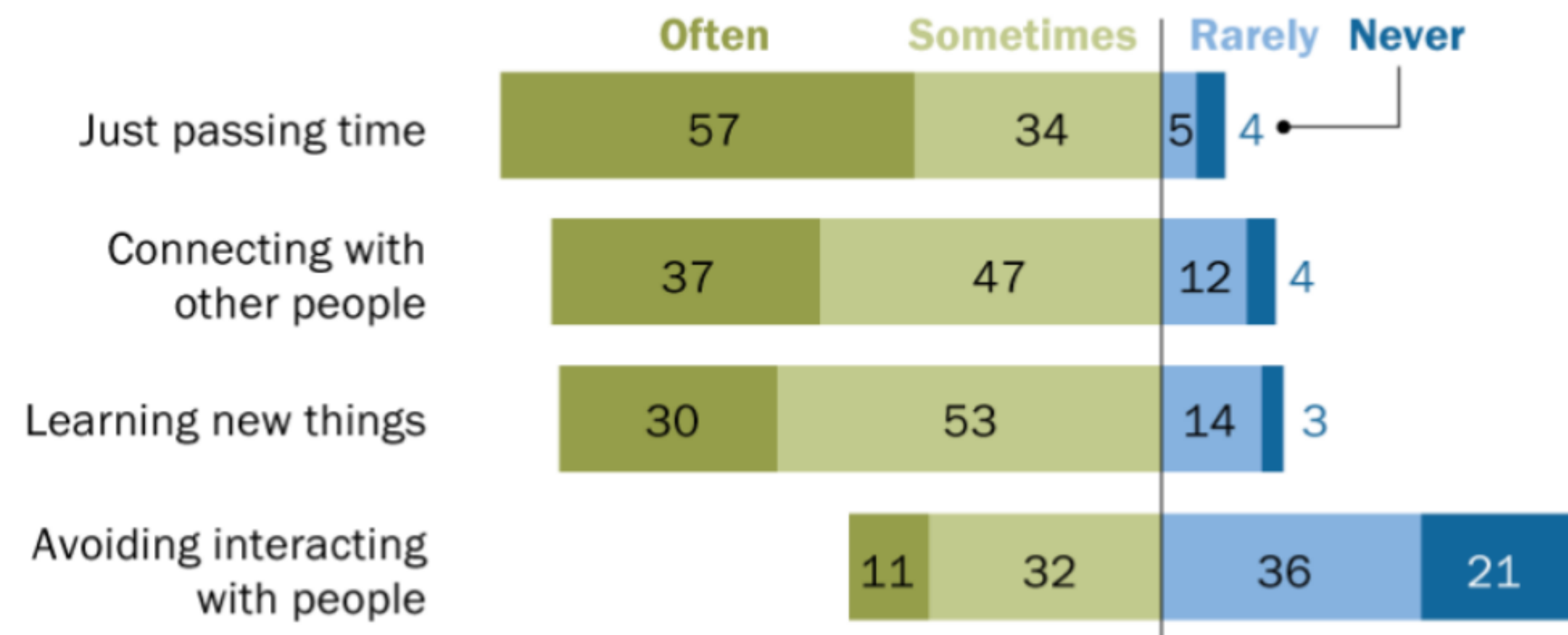
## The rise in detachment from work or school has been widely shared across the nation's youth

*% of 16- to 24-year-olds neither enrolled in school nor working*



## Most teens who use cellphones do it to pass time, connect with others, learn new things

*% of U.S. cellphone users ages 13 to 17 who say that when they are using their phone, they are ...*



Note: Respondents who did not give an answer are not shown.

Source: Pew Research Center survey conducted March 7-April 10, 2018.

PEW RESEARCH CENTER

# Ask the Right Questions

**You have the freedom to invite teens to a space designed for them..however design the space around their needs not yours/church.**

# TECH TEENS



**Create spaces for  
relationship building** →

Provide Materials Beforehand (text)  
Set the Atmosphere

**Cultivate their  
narratives w/ biblical  
understanding.** →

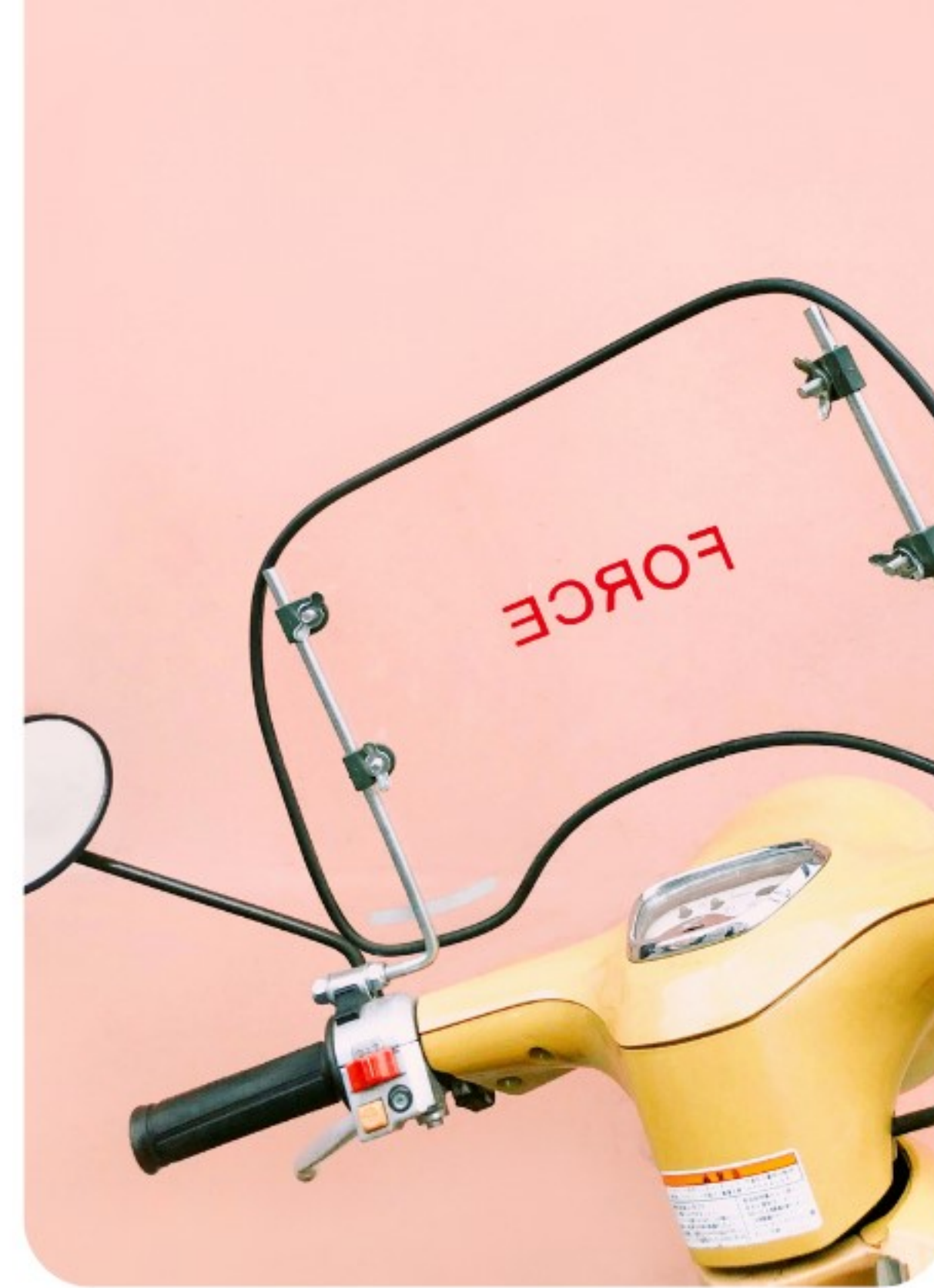
Invite them to record a video about  
something that is going on right  
now and their biblical  
understanding. (Vidhug.com)

**Empower. Engage.  
Involve.** →

Invite them to use their skills online:  
Media Department  
Digital Usher  
Hashtag/Meme Makers

# Holistic Care: Spiritual, Mental, Physical, Emotional

- Their Space not Your Space- "CTA" Call to Action
- Affirmations, (Shine) "I AM" (Creations of their own)
- Get "Moving" Fitness Challenge
- Pastoral Care, Text Check-Ins.



# TECH TEENS

In a crisis?

**Text HOME to 741741 to connect with a Crisis Counselor**

Free 24/7 support at your fingertips

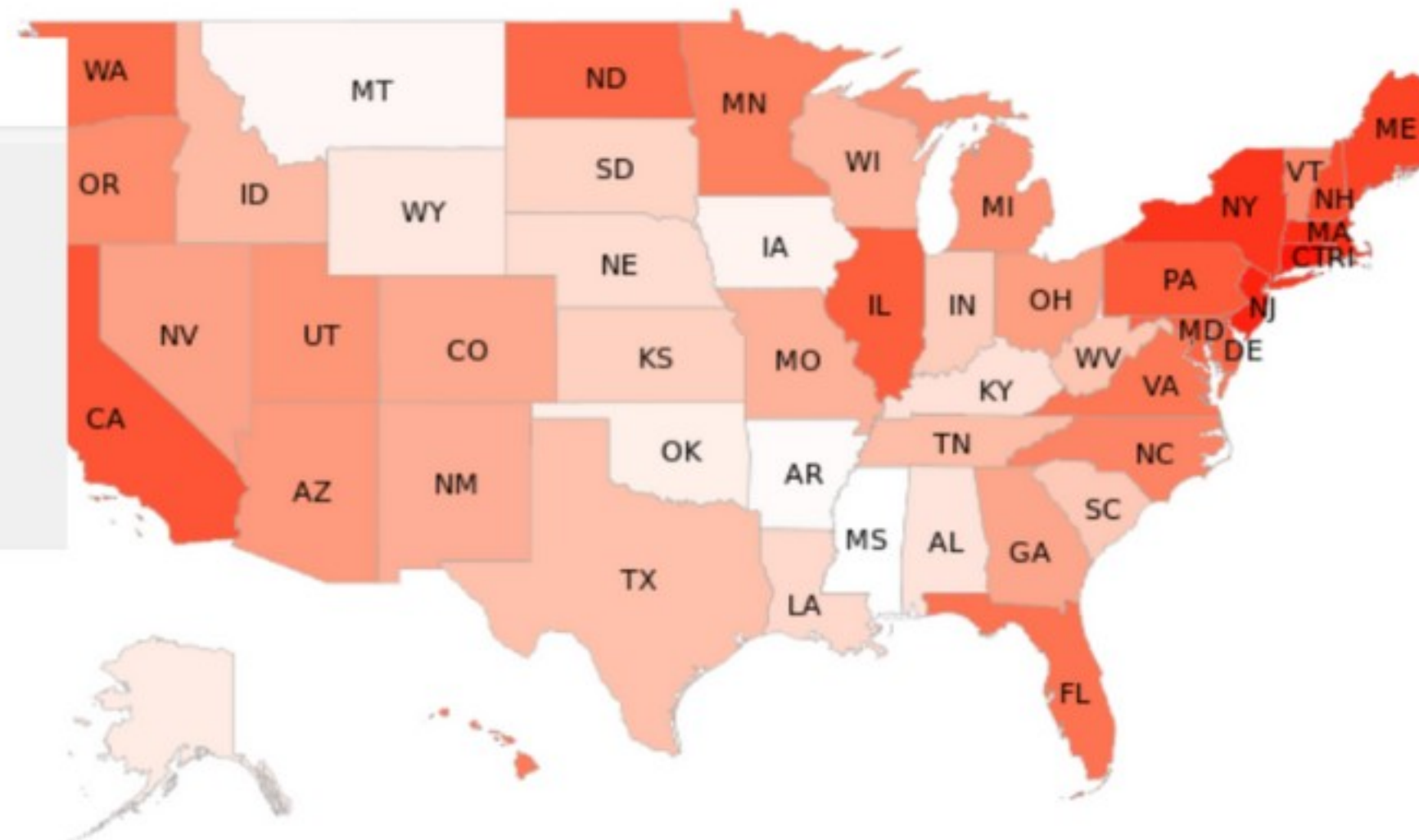
US and Canada: text [741741](tel:741741)

UK: text [85258](tel:85258) | Ireland: text [50808](tel:50808)



US states ranked by crises related to Anxiety/stress.

US states ranked by crises related to Anxiety/stress.



1-PR	18-HI
2-CT	19-MN
3-NJ	20-NC
4-MA	21-VT
5-NY	22-OR
6-RI	23-MI
7-ME	24-UT
8-NH	25-AZ
9-DE	26-OH
10-CA	27-NV
11-PA	28-GA
12-IL	29-CO
13-MD	30-NM
14-ND	31-MO
15-WA	32-WI
16-FL	33-ID
17-VA	34-TN

CRISIS TEXT LINE |

Crisis Trends

Visualizations FAQs

Select a crisis type to see the top 35 words used.

Content warning: When you select an issue, an example text pertaining to that issue will appear.

- ✓ -- Select an issue --
- Anxiety
- Bereavement
- Bullying
- Depression
- Eating disorders
- Family Issues
- Friend Issues
- Health concerns
- Isolation
- LGBTQ Issues
- Physical abuse
- Relationship Issues
- School Problems
- Self harm
- Sexual abuse
- Stress
- Substance abuse
- Suicidal Thoughts

# Digital Resources



## **VIDHUG.COM**

Simple way to make collaborative videos.

## **LIVEREACTING.COM**

Live Trivia Nights on FB w/host and interaction from FB

## **CROWDCAST.IO**

Crowdcast is a live video platform for webinars, Q&As, courses, concerts, and online conferences.

## **LINKTR.EE**

Connect audiences to all of your content with just one link.

## **KIDZMATTER**

Pre-made Ice Breaker Videos/Games

## **BIBLEPROJECT.COM**

Animated Bible Videos  
Thematic  
Books of the Bible Overview